

What children will learn / revise / revisit / rehearse during Super Me Super You

•
PSED - helping children feel happy, safe, and confident as they settle into Reception.

Making Friends: Building strong relationships, sharing, and taking turns.

Celebrating Me: Recognising what makes us unique, special, and valued.

Managing Feelings: Naming emotions, expressing feelings, and showing kindness.

Self-Care: Washing hands, using the toilet, and dressing independently.

Communication and Language - helping children build confidence in speaking, listening carefully, and exploring new words through their play.

New Vocabulary: use words in play eg when in role-play, construction, and small-world play.

Active Listening: Listening carefully to others and understanding why it matters.

Asking & Sharing: Asking "who, what, why" questions and expressing personal thoughts and ideas.

Physical development - building the core strength needed for writing, refining key movements, and learning to navigate space safely around others.

Writing Readiness: Building hand and arm strength through hands-on tools and mark-making.

Core Movements: Refining running, jumping, hopping, and skipping to boost balance and coordination.

Moving Safely: Developing spatial awareness to move, adjust speed, and share space safely.

Literacy - laying the foundations for future readers and writers through phonics, engaging storytimes, and early writing.

Phonics & Blending: Learning Set 1 RWI sounds, initial sounds, and practicing oral blending and segmenting.

Love of Reading: Developing an enjoyment of shared stories and talking about books to build early comprehension.

Early Writing: Practicing writing first names independently and beginning to add simple labels to artwork and play.

Letter Formation: Forming letters correctly using Read Write Inc. rhymes.

Maths - Using a mastery approach, we focus on exploring numbers 1, 2, and 3 in depth to ensure children build a deep, lasting understanding and strong early number sense.

Numbers 1, 2 & 3: Building deep number sense through counting, comparing quantities, and exploring how numbers are made.

Patterns & Shapes: Creating simple repeating patterns and exploring everyday shapes and positional language.

Measures: Comparing size, length, and weight through practical, hands-on play.

Understanding the world - In Understanding the World, we spark everyday wonder as children explore themselves, their senses, and the environment.

All About Me: Exploring what makes us unique, including our families, appearance, likes, and dislikes.

Our 5 Senses: Investigating how we use sight, sound, touch, smell, and taste to explore the world.

My Timeline: Developing an early awareness of time by looking at our past, present, and future.

Changing Seasons: Observing the changes in nature as we move from Summer to Autumn.

Expressive Arts and Design - we are nurturing the creativity and imagination of little minds through music, storytelling, and hands-on open-ended play.

Songs & Actions: Singing nursery rhymes and joining in with movements.

Role-Play & Storytelling: Working together in pretend play to create and build storylines.

Creative Construction: Using open-ended small world and building resources to explore ideas.

ALONGSIDE OUR THEMED ACTIVITIES, CHILDREN ALWAYS LEARN THROUGH OPEN-ENDED PLAY AND THEIR OWN PERSONAL INTERESTS. RICH LEARNING OPPORTUNITIES TAKE PLACE BOTH INDOORS AND OUTDOORS ACROSS ALL AREAS OF THE CURRICULUM. BY TRULY KNOWING EACH UNIQUE CHILD, OUR STAFF USE HIGH-QUALITY INTERACTIONS, THOUGHTFUL QUESTIONING, AND ADAPTIVE SUPPORT TO HELP EVERY CHILD LEARN AND PROGRESS AT THEIR OWN PACE.

Play & Interests: Learning happens daily through open-ended, child-led play alongside our main topics / themes.

Indoor & Outdoor Provision: Full access to high-quality learning across all areas, inside and out.

Tailored Support: Staff adapt teaching and questioning to meet each unique child's needs so everyone thrives at their own pace.

Exposure to new vocabulary

Key Vocabulary

Teamwork Responsibility Respect Creativity Truthfulness
Compassion Perseverance Friendship

Be Safe Be Respectful Be Ready

Sharing Taking it in turns

Senses Sight Hearing Touch Smell Taste

Feelings Emotions

Angry sad happy worried lonely anxious excited

Unique Special Different

Autumn Seasons Change

Differences Similarities

Past Present Future

At the end of this theme children should be able to answer the following questions:

What are our 5 senses?

What makes you unique and special?

What can you do if you feel sad or worried?