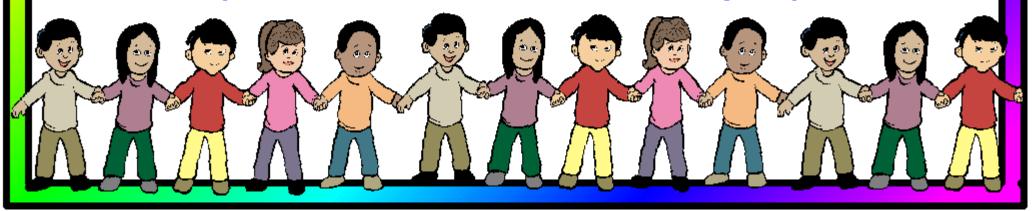




From an illustrated guide issued by the National Children's Rights Committee, South Africa and the UNICEF document on the Rights of a Child.



to be protected from conflict, cruelty, exploitation and neglect...



not to bully or harm each other.



to a clean environment, at home, at school or wherever they are...



to do what they can to look after their environment.

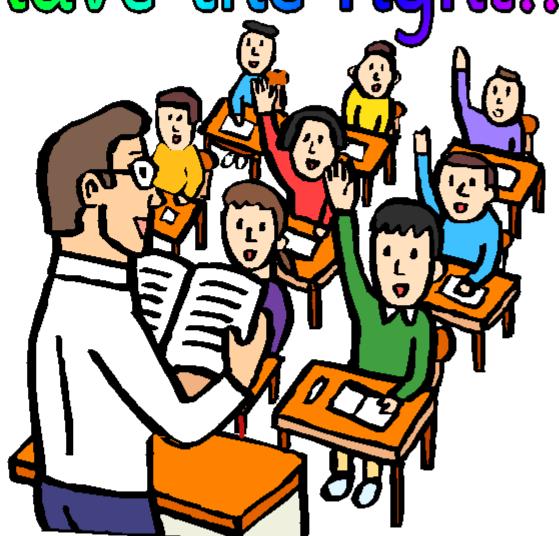




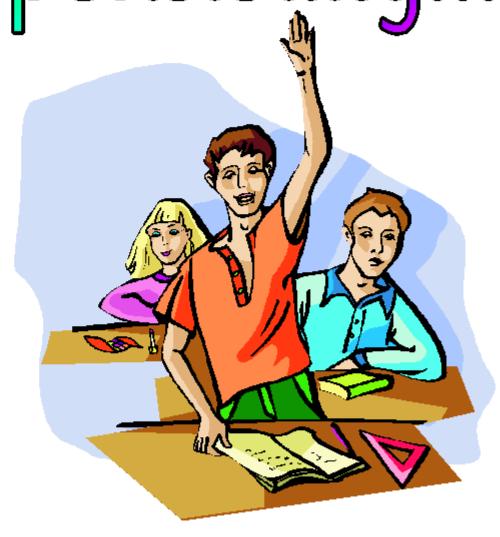
to be educated...







to learn as much as they can and help others to learn.





to freedom of thought and religion...



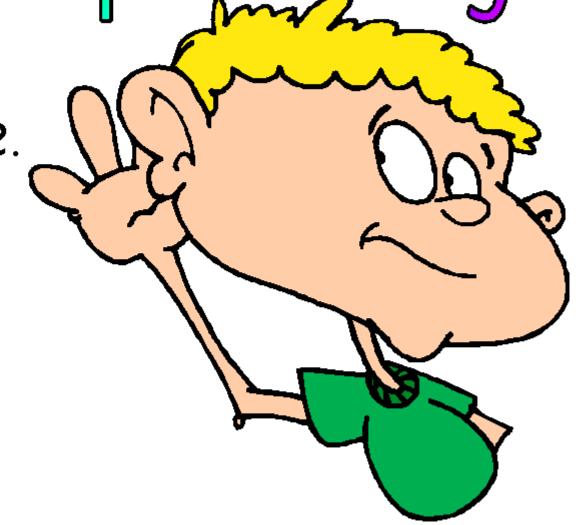
to respect other people's thoughts and religions.







to listen to other people.



to proper medical care...



to take care of themselves.





to be loved and respected...



to show love and respect to others.



to special care for special needs...





to be the best

they can be.





to learn from their mistakes.







to be adequately fed...





not to waste

food.





to relax, play and join in a wide range of activities...





to include everyone in their games and activities.

